Bienvenue à l'UFR STGI de BELFORT-MONTBELIARD

Welcome to the Faculty of Technical Sciences & Industrial Management!







Practical guide 2020-2021 for international students









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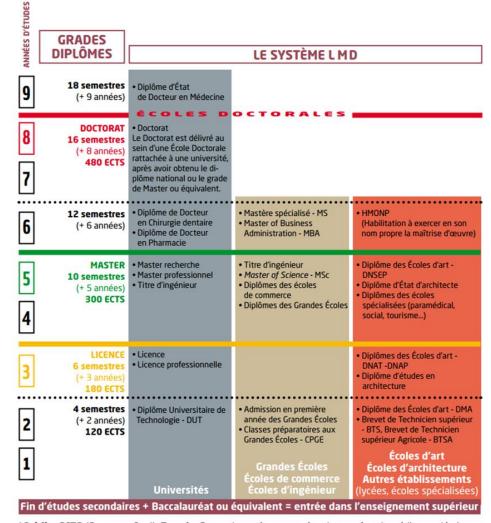
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1 Before departure

1.1 Understanding French higher education



The organization of higher education in three cycles is common to most European Union countries. In France, it is the 'licence' (undergraduate degree) – master - doctorate' organization, or 'LMD' organization. This system has made it possible to standardize cycles and organize the recognition of diplomas between countries. It facilitates student mobility in Europe as well as in the rest of the world.



^{*}Crédits ECTS (European Credit Transfer System): système européen de transfert de crédits académiques capitalisables et transférables en Europe (60 ECTS pour une année).

The achievement of LMD degrees is linked to the number of semesters of study completed since entering higher education. Each semester makes it possible to validate 30 ECTS (European Credits Transfer System) credits that can be capitalized and transferred from one country to another.



A bachelor's degree requires the validation of six semesters, i.e. 180 ECTS. Add four semesters to validate a master's degree with 120 additional ECTS. A doctorate / PhD is obtained after sixteen semesters and the validation of a total of 480 ECTS in at least eight years of study since the first year of the degree.

Within French universities, teachers and researchers offer two types of courses to students:

- Lectures: a professor exposes his lecture to students in an auditorium of 100 to more than 1,000 places These non-compulsory courses are often published by teachers and distributed to students in the form of brochures, very useful for the preparation of the end of semester tests;
- Tutorials (TD) and practical work (TP): these mandatory courses are held in smaller groups and complement the lectures by applying and deepening theoretical knowledge. Internships in companies can be added to TP and TD.

Two types of knowledge control coexist in French higher education:

- Continuous monitoring makes it possible to validate learning throughout the year with regular assessments in each subject taught.
- The final exams take place during two periods of the year, at the end of each semester, and cover all subjects.

To know more about it:

https://ec.europa.eu/education/study-in-europe_en

https://ec.europa.eu/education/study-in-europe/country-profiles/france en

https://www.campusfrance.org/fr

http://www.enseignementsup-recherche.gouv.fr/pid24759/venir-etudier en-france.html

1.2 WHAT IS 'UFR STGI'?



Of the six Faculties ('UFR') of the University of Franche-Comté, UFR STGI is the only one not located in Besançon.

Located in one of France's main industrial basins, it is spread over three sites: two in Belfort and one in Montbéliard.

UFR STGI is multidisciplinary. The courses offered cover fields as varied as energy, multimedia and IT, business administration, human relations management, law, applied foreign languages, e-commerce, biology, the environment and the territories.



The proposed training map focuses on innovation and research. It relies on the skills of laboratories located in Belfort and Montbéliard. Every year, doctoral students carry out their research work there and many students are welcomed on internships.

UFR STGI has been involved in ambitious projects such as the creation of Master's degree programs in engineering ('CMI') or the 'Éco-Campus 2020' project.

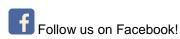


Contacts:

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ufr-stgi@univ-fcomte.fr

Tel. 03 81 99 46 29



Contacts of the student affairs and registration offices - Montbéliard

Licence LEA - Tél. 03.81.99.46.31 - scolaritelea.stgi@univ-fcomte.fr

Licence Biologie - Tél. 03.81.99.46.60 - scolaritesve.stgi@univ-fcomte.fr

Licence INFO COM- Tél. 03.81.99.46.30 - scolaritem2i.stgi@univ-fcomte.fr

CMI Environnement et Territoires - Tél. 03.81.99.46.60 - cmi-environnement@univ-fcomte.fr

Master 2LCE - Tél. 03.81.99.46.31 - scolaritelea.stgi@univ-fcomte.fr

Master PSM - Tél. 03.81.99.46.30 - scolaritem2i.stgi@univ-fcomte.fr

Master IDO/ IOT - Tél. 03.81.99.46.30 - scolaritem2i.stgi@univ-fcomte.fr

Master GDE - Tél. 03.81.99.46.60 - scolaritesve.stgi@univ-fcomte.fr

Contacts of the student affairs and registration offices - Belfort

Licence Droit - Tél. 03.84.22.90.03 - scolaritédroit.stgi@univ-fomte.fr

Licence AES - Tél. 03.84.22.90.18 - scolariteAES.stgi@univ-fcomte.fr

Licence IEE - Tél. 03.84.22.27.22 - scolaritelicencesciences.stgi@univ-fcomte.fr

Licence TE - Tél. 03.84.22.27.22 - scolaritelicencesciences.stgi@univ-fcomte.fr

Licence Physique Chimie - Tél. 03.84.22.27.22 - scolaritelicencesciences.stgi@univ-fcomte.fr

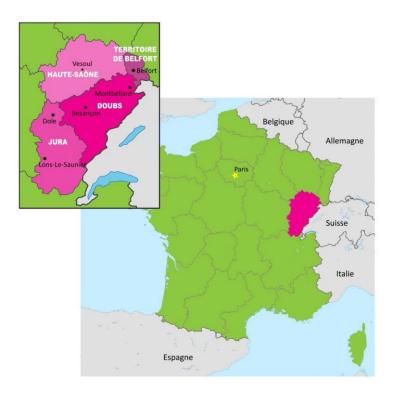
CMI H3E - Energie Hydrogène et Efficacité Energétique - cmi-h3e@univ-fcomte.fr

Master GRH - Tél. 03.84.22.90.10 - scolaritegrh.stgi@univ-fcomte.fr

Master SPI - ITE - Tél. 03.84.22.90.09 - scolaritemasterenergie.stgi@univ-fcomte.fr

Master SPI - EE- Tél. 03.84.22.90.09 - scolaritemasterenergie.stgi@univ-fcomte.fr

1.3 Knowing Franche-Comté



The Franche-Comté region merged with the Burgundy region on 2016, January 1st to form the Bourgogne-Franche-Comté region.

Due to its position in the center of Europe, and in the east of France, Franche-Comté (consisting of the four departments of Doubs, Jura, Haute-Saône and Territoire de Belfort) is an essential passage for both human and economic movements. Indeed, the region, which has a 230 km long border with Switzerland, is also very close to two major European countries: Germany and Italy.

The region is served by Dole-Jura airport. The north of the region also enjoys the proximity of Basel-Mulhouse-Freiburg International Airport, located about 65 kilometers from Belfort, while the south of the region benefits from the proximity of Geneva International Airport.

It has large population areas with the urban areas of Belfort and Montbéliard to the north, which have a total population of 275,116, and the urban area of Besançon, with 250,563 inhabitants. Besançon is the largest urban unit in Franche-Comté with 135,448 inhabitants, followed by Montbéliard with 106,486 inhabitants and Belfort with 81,651 inhabitants.

It has significant potential in the research sector. There is the 'École Nationale Supérieure de Mécanique et des Microtechniques' (ENSMM) in Besançon, or the UTBM, the 'Université de Technologie de Belfort-Montbéliard'.

The University of Franche-Comté has 24,000 students spread over six training and research units ('UFR'), five in Besançon and one in Belfort and Montbéliard, two university institutes of technology ('IUT') (Besançon-Vesoul and Belfort-Montbéliard), in synergy with a strong industrial presence in the local economic fabric.

Franche-Comté has on its soil some of the great jewels of French industry such as Peugeot and Alstom.

The Peugeot - Citroën Sochaux industrial site is the first in France. It is also the largest employer in the region.

In Belfort are Alstom's factories specializing in rail production, particularly for high-speed trains, as well as industrial alternators and turbines, but also General Electric (GE Energy Products Europe) for gas turbines.

The city of Besançon is a real center for the mechanical engineering sectors. It is a center of historical excellence in microtechnology, time-frequency and biomedical engineering, as well as the first European center for high-precision cutting. In June 2005, the city was awarded a national 'competitiveness cluster' label in the field of microtechnology.

In terms of environment, the importance of industry does not prevent Franche-Comté from presenting the image of a green region. Its afforestation rate of 44% ranks it second among metropolitan regions, behind Aquitaine.









Tourism is developed.

During the winter season, stays are concentrated in the mountainous areas (mainly the ski resorts of 'Les Rousses' and 'Métabief').

The Montbéliard Christmas market also takes on a major tourist role during the month of December.

In summer, Franche-Comté offers many activities to hiking, road cycling (especially thanks to the 'ballon d'Alsace') and mountain biking enthusiasts.

Heir to an eventful history, Franche-Comté has preserved many monuments: Many forts and fortifications are present in Franche-Comté, which is a border region.

The Besançon Citadel is one of the most beautiful fortified citadels of Vauban, and is a UNESCO World Heritage Site.





The Royal Saltworks 'Salines royales') of Arc-et-Senans, designed by the architect Claude Nicolas Ledoux, and the Saltworks (Salines') of Salins-les-Bains are two sites that are also listed as UNESCO World Heritage Sites.

It is also worth mentioning the Fort de Joux, the Fort des Rousses, the Château de Montbéliard or the fortifications of Belfort and its region.

The Lion of Belfort is a sculpture by Frédéric Bartholdi.

The Ronchamp chapel, built by the Franco-Swiss architect Le Corbusier, is also a UNESCO World Heritage Site.

Among the many events taking place in Franche-Comté:

The 'Eurockéennes de Belfort'; the 'Festival International de Musique Universitaire' de Belfort; the festival 'Rencontres et Racines' ('Encounters and Roots') world music festival in Audincourt; Interviews, international film festival of Belfort...



The traditional Franche-Comté cuisine is based on local specialities:

Its cheeses (comté, cancoillotte, mont d'or, morbier, etc.); its alcohols and drinks (Jura vineyards, kirsch, gentian, artisanal beers, etc.).); its delicatessen (Morteau sausage, Montbéliard sausage, Luxeuil ham, etc.); its ready-made dishes (Comtoise 'raclette' and

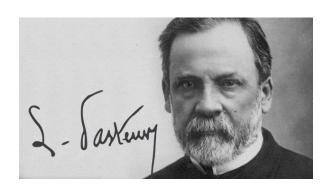
'fondue', morel crust, rooster with yellow wine, 'potée comtoise', fried carp, etc.)...

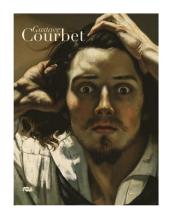




The climate in Franche-Comté is of the semi-continental type. Winters are relatively harsh, especially in the mountains. Summer is quite contrasting with sometimes-significant temperature variations. The distance from the sea means that temperatures are often quite warm in the plains. Fortunately, the forest, the many ponds and the mountains make it possible to find a pleasant freshness. Heavy rainfall can occur, but it does not last very long and is mostly due to storms.

Among the well-known Franche-Comté personalities: Louis Pasteur, Gustave Courbet, Victor Hugo, Tristan Bernard, Rouget de Lisle, Claude-Nicolas Ledoux, Bernard Clavel, Louis and Auguste Lumière...





1.4 Information about the city of Montbéliard



Montbéliard, City of Princes, was for four centuries under the aegis of the family of the Dukes of Württemberg from neighbouring Germany. Its famous monuments (the castle of the Dukes of Württemberg, the Saint-Maimbœuf Church, the Halles market building, the Beurnier-Rossel hotel, the Saint-Martin temple, etc.), its alleys, its squares and its colourful façades are all architectural elements that recall the city's unique history, at the crossroads of the Latin and Germanic worlds.

Today, Montbéliard belongs to a land of industrial excellence marked by the automobile industry: Montbéliard and its agglomeration are known as the cradle of Peugeot. The PSA ('Peugeot Société Anonyme') plant is located there, as well as its many subcontractors.

Montbéliard is home to the region's 'Centre de culture scientifique, technique et industriel' (CCSTI), with the 'Pavillon des sciences' located in the Près-la-rose park. 'Numérica', the digital hub of Burgundy - Franche-Comté, is located there.

Montbéliard also enjoys an exceptional location at the gateway to the countryside. The 2020 agglomeration project aims to make Montbéliard an eco-agglomeration.



Throughout the year, several events and shows take place in the city.

A unique Christmas market (which has acquired a reputation that extends beyond national borders and is considered as one of the most beautiful Christmas markets in France, along with the ones of Strasbourg and Colmar in particular) reigns in the streets with an almost Germanic atmosphere. The colors, flavors and characters recall the 400 years of Württemberg's reign.

The sumptuous Christmas lights give the city a special aura during Advent. Illuminations at every street corner and original animations make Montbéliard famous.

The 'Axone', a large complex of 5,000 seats, is used to host concerts and other sporting and cultural events.

The Auguste-Bonal stadium is the main stadium in the urban area of Montbéliard and region of Franche-Comté. It has been home to FC Sochaux-Montbéliard since 1931, and its history is almost as old as that of the Franche-Comté club.

To know more:

https://www.paysdemontbeliard-tourisme.com/

1.5 Information about the city of Belfort



Capital of the 'Territoire de Belfort', the smallest department in France created in 1922, the city is located in the 'Trouée (gap) de Belfort'. Surrounded by hills, Belfort is part of a natural environment conducive to outdoor activities: hiking, cycling, water sports, etc.

However, the city is above all marked by its history and in particular by its resistance to Prussia and the German annexation, from 1870. From this past as a strategic and defensive city, Belfort has preserved its citadel, reputed to be impregnable, and its ramparts, works of Vauban in the 17th century.

From the fortifications, one can enter the citadel or head towards the Old City through the Brisach Gate, surmounted by the symbols of royalty, fleur-de-lis and the motto of King Louis XIV. At the foot of the citadel, the famous Lion of Belfort, sculpted in pink sandstone by Auguste Bartholdi between 1875 and 1879, a monument 22 meters long and 11 meters high, which has its counterpart in Place Denfert-Rochereau in Paris and seems to guard the city.



Among the sites to discover, the Miotte tower, on the hills of Belfort, remains of a medieval castle with a beautiful view of the city and the Vosges; the Saint-Christophe cathedral, an imposing monument built in pink sandstone in the 18th century; the pretty square of the Grande Fontaine; the Fine Arts Museum, housed in an old fortified tower. Across the city, you will find pretty squares enlivened with cafés.

Belfort is also an industrial city. About 120 companies are grouped together in its urban business park called 'Techn'hom'.

With its specialization in energy and transport, it is at the heart of the 'Energy Valley' and the 'Vehicle of the Future' Competitiveness Cluster.

Some industrial giants such as 'Alstom Transport' and 'General Electric' are located there.

Belfort is the scene of a major festival: the 'Eurockéennes', which are held in early July on the site of Lake Malsaucy, 6 kilometers from the city. An average of 75 concerts take place every year, in a wide musical range: rock, electro, metal, reggae, pop, folk...

'Les Entrevues de Belfort', a festival dedicated to young independent cinema, is held at the end of the year.

To know more:

https://www.belfort-tourisme.com/

2 The cost of studies and how to finance them



2.1 Registration fees

Tuition fees apply to national diplomas. They are fixed annually by a ministerial order.

Tuition fees may be supplemented by educational fees when the training is taken as part of continuing education or distance learning.

As an indication, here are the amounts for the academic year 2020-2021 applicable to **national** students:

- 170 €: for an annual registration in 'DEUST' (2-year scientific and technical education diploma), 'DUT' (2-year technical education diploma), **bachelor's degree**, '**licence'** (undergraduate degree), 'licence professionnelle' (professional undergraduate degree)
- 243 €: for an annual registration in a master's degree
- 380 €: for an annual enrolment in a university doctorate (PhD).
- 601 €: for an annual registration as an engineer

Due to the Covid-19 pandemic, tuition fees are to remain unchanged for next academic year 2020-21.

Foreign students: enrolment in French higher education

To enrol in French higher education, the admission requirements are different depending on your nationality, your country of residence and the nature of the studies concerned.

To know more:

http://www.enseignementsup-recherche.gouv.fr/cid20200/etudiants-etrangers-inscriptions-dans-lenseignement-superieur-francais.html

https://www.campusfrance.org/fr/cout-etudes-superieures-france-frais-inscription

The "Welcome to France" strategy and the differentiated registration fees

The "Welcome to France" strategy aims to welcome more foreign students in better conditions. This strategy will make it possible to develop measures to improve reception (French as Foreign language – 'FLE' - courses, English courses, sponsorship programs, etc.). As part of this strategy, differentiated rights have been put in place for non-EU students who will enter the French higher education system as of 2019 at the bachelor or master level. An exemption system has also been developed.

Differentiated registration fees:

From the beginning of the 2019 academic year, non-European students (EU, EEA, Andorra and Switzerland) who enrol for the first time in a higher education course at the university in France will have to pay an annual enrolment fee: €2,770 in the undergraduate cycle and €3,770 in the master cycle.

In 2020-21, non-European students will automatically benefit from a partial exemption reducing the amount of the fees to be paid to the amount set for European students [170 € for an annual registration in a Bachelor's degree ('Licence') - 243 € for an annual registration in a Master's degree], regardless of their financial situation.

This exemption will be administered and applied by the student affairs department of the faculty where the student enrolled.

To know more about it:

http://www.enseignementsup-recherche.gouv.fr/pid24759-cid141288/la-strategie-bienvenue-en-france-et-les-droits-d-inscription.html

http://www.etudiant.gouv.fr

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Full update on the introduction of differentiated tuition fees at the beginning of the 2019/2020 school year:

https://www.campusfrance.org/fr/droits-inscription-2019-2020-etudiants-internationaux

2.2 Scholarships for foreign students in France

French public institutions and the Erasmus+ program offer numerous scholarships to foreign students to help them finance their studies in France and Europe.



To know more about it:

https://www.campusfrance.org/fr/bourses-etudiants-etrangers http://campusbourses.campusfrance.org/fria/bourse/#/catalog

The Victor Hugo Scholarship is a scheme created by the UFC, with the financial support of the City of Besançon and the Franche-Comté Region, which aims to encourage academic exchanges with Latin America (Central America, South America and the Caribbean, Spanish and Portuguese speaking) and Haiti. The aim is to allow students benefiting from this scholarship to study for one year at the University of Franche-Comté in a master's or doctoral program.

The Victor Hugo scholarship covers

- -the cost of enrolment at the University,
- -accommodation in a single room (with shower and toilet) in a university residence.
- -two meals a day at the university restaurant,
- -an Internet subscription to the residence for 12 months,
- -as well as intensive training in French for two months (July and August) at the CLA Centre de Linguistique Appliquée de l'Université de Franche-Comté (http://cla.univ-fcomte.fr/).

To know more about it:

http://campusbourses.campusfrance.org/fria/bourse/#/program?id=663

2.3 The CVEC (Contribution Vie Etudiante et de Campus): what is it ?



Since the beginning of the 2018 academic year, all French and foreign students who enrol in initial training at a higher education institution must pay the student life and campus contribution ('CVEC').

The following students are not concerned by the CVEC:

- students enrolled in continuing education whose cost is covered by an employer,
- exchange students under an agreement between their home institution abroad and their host institution in France. They are not administratively registered in France.

The CVEC is intended to promote the reception and social, health, cultural and sports support of students, and to strengthen prevention and health education actions carried out for them.

It is collected by the 'Crous' ('Centre régional des oeuvres universitaires et scolaires') on http://cvec.etudiant.gouv.fr

Except in the case of exemption (notably for scholarship students), its amount is €92 for the year 2020-2021. Its amount will be reviewed annually. It is due only once a year, regardless of the number of students enrolled at the University of Franche-Comté and in another institution.

The CVEC can be paid online or in cash:

-online:

- First register on the website messervices.etudiant.gouv.fr
- Then connect to the dedicated site cvec.etudiant.gouv.fr
- Declare your city of study and pay the CVEC with your credit card
- Download a payment certificate, to be kept carefully to give it when you register.

-in cash at a post office:

- First register on the website messervices.etudiant.gouv.fr
- Then connect to the dedicated site cvec.etudiant.gouv.fr
- Download a payment advice note
- Pay cash at a post office
- Wait to receive, within two working days, an e-mail with a certificate of payment to download and keep carefully to give it at the time of your registration.

If you are one of the categories of students who are exempt from paying the CVEC, you must still register on the website messervices.etudiant.gouv.fr and then connect to the dedicated website cvec.etudiant.gouv.fr.

You can download an exemption certificate, which you should keep in a safe place to give it when you register.

The CVEC certificate number is required when you register online. If you are registering by means of a paper file, you must provide a copy of the CVEC acknowledgement certificate with the registration file.

More information on:

http://cvec.etudiant.gouv.fr

https://www.campusfrance.org/fr/les-10-choses-a-savoir-sur-la-contribution-vie-etudiante-et-de-campus-cvec

3 Practical information

3.1 List of the necessary documents



For many administrative procedures in France, you will need to have with you a certain number of documents that you must obtain before your arrival:

- birth certificate (which must include: family name, first name, date and place of birth, sex) translated into French by a certified translator
- certificate of pre-enrolment or enrolment in a higher education institution
- about ten classic passport photos (3x4 cm, dark background)
- original diplomas translated into French by a certified translator (depending on your higher education institution).

In addition, depending on your situation, other documents are required:

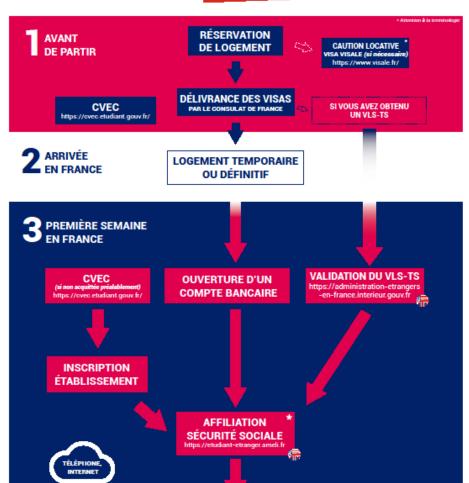
>Non-EU students (who do not live in the European Union)

- valid passport
- student visa
- health booklet or vaccination certificate
- certificate of resources or scholarship
- language level certificate (depending on your higher education institution)
- certificate of private health insurance if you are not covered by social security

>Students from the European Union

- a valid identity card or passport
- European health insurance card
- student card from your home university







AFFILIATION MUTUELLE

V4 - 25 AVRIL 2019

3.2 Visa and residence permit



Information provided by the official website of the French administration: If you are a foreigner and want to study in France, you must first apply for a **long-stay visa valid as a student residence permit** (VLS-TS) (valid for 4 months to 1 year). After 1 year you can apply for a **temporary student residence permit** (valid for 1 year). If you are still studying, you can apply for a **multi-year student residence permit**. You are subject to conditions of resources. In some cases, the residence permit may be issued automatically.

♦ You are arriving for the first time in France

>Who is concerned?

You are concerned if you come to France to study at university without a residence permit for personal or family reasons.

>You must be registered (or pre-registered):

In a public or private higher education or initial training institution (university, 'grande école', etc.)

Or in a higher vocational training organisation.

Foreigners from 41 countries must apply for their visa on the 'Études en France' website when they pre-register online for French higher education. (list of countries available on the 'Etudes en France' website).

>You must have at least €615/month at your disposal.

The resource condition does not apply to you if you are in one of the following situations:

- You come to France under an agreement signed between the State and a higher education institution, in which you are enrolled.
- You have passed the entrance exam to a higher education institution that has signed an agreement with the State.
- You are a scholarship holder of the French Government
- You hold a French 'Baccalauréat' degree prepared in a high school under the responsibility of the 'Agence pour l'Enseignement Français à l'Etranger' and you have been educated for at least 3 years in a French school abroad.
- Your country has signed a reciprocal agreement with France on the admission of students to stay.

Please note:

If you come to France to take a competitive examination or an entrance exam to higher education, you must apply for a **short-stay student-competition visa**.



Validation of the VLS-TS "ÉTUDIANT" (LONG STAY VISA VALID AS RESIDENCE PERMIT FOR STUDENTS) after arrival in France

As soon as you arrive in France, you must validate your visa. The process is entirely digital: you can do everything remotely, at home, on your computer. You must validate your visa within 3 months of arriving in France at the very latest.

To do so, visit the following website: https://administration-etrangers-en-france.interieur.gouv.fr

>Online validation of the VLS-TS Long Stay Visa:

Please log in on the website:

https://administration-etrangers-en-france.interieur.gouv.fr/particuliers/#/

>Buy a virtual excise stamp for a foreign national residence permit [Enter the amount of the virtual excise stamp you wish to purchase: 25 €]

What do you need to validate your VLS-TS visa?

You will need:

- -a valid email address,
- -information on your visa,
- -your date of arrival in France,
- -your home address in France,
- -a bank card to pay online the fee for issuing the residence permit.

What if you do not have a bank card?

Don't worry! You can buy an electronic stamp (timbre électronique) at a kiosk, at a dedicated terminal, and pay in cash.

Cost: 75 € (visa pricing for countries with EEF procedure / stay tax: 50 € + virtual excise stamp: 25 €)

As an Algerian student, you must apply for a residence certificate to stay in France for more than 3 months. Depending on your situation, the Prefecture issues you a 1-year residence certificate for private and family life or a 1-year certificate with another mention (employee, student, etc.). In all cases, you must meet certain conditions.

♦You have already spent 1 year in France

Please visit:

https://www.service-public.fr/particuliers/vosdroits/F2231

HOW TO STAY IN FRANCE TO CONTINUE YOUR STUDIES BEFORE YOUR STUDENT VLS-TS VISA EXPIRES

If you would like to stay in France to continue your studies but your VLS-TS visa will expire soon, you may apply to renew it by applying at the prefecture ('Préfecture' or 'Sous-Préfecture'): you will need to apply for a multi-annual residence permit (carte de séjour pluriannuelle). Everything is done in France two months before your VLS-TS visa expires.

The multi-annual residence permit that is issued to you under certain conditions will have a period of validity that corresponds to the number of years remaining in the study programme in which you are enrolled.

For example, if you have finished the first year of your undergraduate degree (license) in France, you could receive a multi-annual residence permit valid for two years, i.e. until the end of the third year of the undergraduate degree. If you are studying at a Grande École, your renewed residence permit will be valid until you obtain your diploma.

Cost: 75 € (stay tax: 50 € + virtual excise stamp: 25 €)

Please note:

Civil-status documents must be accompanied by their translation into French by a certified translator-interpreter.

For further information, please visit:

https://www.service-public.fr/particuliers/vosdroits/F2231

Please visit too:

https://www.campusfrance.org/fr/visas-et-cartes-de-sejour

https://www.campusfrance.org/en/student-long-stay-visa

https://www.campusfrance.org/en/how-to-validate-your-long-stay-visa-visa-long-sejour-upon-your-arrival-in-france

https://www.campusfrance.org/en/renew-residency-permit

Contacts:

Direction territoriale de l'OFII ('Office Français de l'Immigration et de l'Intégration')

3, avenue de la Gare d'Eau 25000 BESANÇON

Préfecture du Territoire de Belfort

1 rue Bartholdi, 90000 Belfort

Sous-Préfecture de Montbéliard

43 Avenue du Maréchal Joffre, 25200 Montbéliard

4 Settling in Belfort and Montbéliard

4.1 When should I arrive?

The university cycle begins in early September. An **informative back-to-school meeting** is normally organized during the first week of the course. The exact dates are communicated by the student affairs department after confirmation of university enrolment.

The best thing is to arrive a few days before the information meeting to settle in and complete the registration, insurance and migration procedures if necessary.

4.2 How to get to Belfort or Montbéliard

4.2.1 By air

The nearest airports to Belfort-Montbéliard are **Strasbourg and Basel-Mulhouse airports**. From these airports, buses, trains and taxis are available to take you to Belfort or Montbéliard.

- Strasbourg Airport: www.strasbourg.aeroport.fr

- Basel-Mulhouse Airport: www.euroairport.com

From Basel-Mulhouse-Freiburg Airport (EAP), we suggest using the regular bus shuttle to Saint Louis station (Haut Rhin) and continue by train to Belfort and Montbéliard via Mulhouse.

Bus: Distribus

Tel: +33 (0)3 89 69 69 73 65

Timetables can be found on www.distribus.com Direct link: www.distribus.com/uploads/ligne11.pdf

Travel time: approx. 10 minutes

Mulhouse - Saint-Louis and back traffic plan: www.ter.sncf.com/grand-est/depliant/recherche

We also suggest the following alternatives, which are cheap when compared to the train:

FlixBus bus company (from 4.99 EUR) Carpooling with BlaBlaCar (from 3,00 EUR)

To know more about it, please visit:

https://www.busradar.fr/autocar/aeroport-de-bale-mulhouse-fribourg-eap/belfort/ https://www.busradar.fr/autocar/aeroport-de-bale-mulhouse-fribourg-eap/montbeliard/ https://www.checkmybus.fr/basel-aeroport/belfort https://www.checkmybus.fr/basel-aeroport/montbeliard Please also visit:

- Paris-CDG or Paris-Orly airports How to get out of these airports:

https://www.parisaeroport.fr/passagers/services/reserver-en-ligne/transport-de-vers-laeroport

http://www.orly-aeroport.fr/quel-transport-orly-aeroport/

En savoir plus:

https://www.busradar.fr/autocar/aeroport-de-bale-mulhouse-fribourg-eap/belfort/
https://www.busradar.fr/autocar/aeroport-de-bale-mulhouse-fribourg-eap/montbeliard/
https://www.checkmybus.fr/basel-aeroport/belfort
https://www.checkmybus.fr/basel-aeroport/montbeliard



4.2.2 By train



For all information (schedules, prices, etc.), please visit the SNCF website : www.voyages-sncf.com

- Belfort-Montbéliard TGV station

https://www.gares-sncf.com/fr/gare/frtja/belfort-montbeliard-tgv

- Belfort Station

8, Avenue Wilson 90000 Belfort https://www.gares-sncf.com/fr/gare/frbor/belfort

- Montbéliard station

Place du Général de Gaulle 25200 Montbéliard https://www.gares-sncf.com/fr/gare/frxmf/montbeliard

To get from the TGV station to Belfort or Montbéliard :

Access by public transport (Bus)

évolitY ex-CTPM - Compagnie de Transports du Pays de Montbéliard LONG-DISTANCE BUSES

Shuttle to Montbéliard and Audincourt.

PHONE

08 00 80 08 92

LINES

- Montbéliard station Belfort-Montbéliard TGV station
- Montbéliard Peugeot Belfort-Montbéliard TGV station
- Belfort-Montbéliard TGV station Montbéliard station
- Belfort-Montbéliard TGV Montbéliard Peugeot station

For further information, please visit:

 $\underline{https://www.gares-sncf.com/fr/gare/frtja/belfort-montbeliard-tgv/transports-horaires/transports-collectifs/cars-interurbains}$

- Optymo Bus Lines URBAN BUSES

Shuttle to BELFORT.

PHONE

03 84 21 08 08

For further information, please visit:

https://www.gares-sncf.com/fr/gare/frtja/belfort-montbeliard-tgv/transports-horaires/transports-collectifs/bus-urbains

- ACCESS TO TAXIS:

PHONE

04 27 04 27 04 - 04 27 04 00 00

LOCATION

East side TGV train station square

If you have any questions about your arrival, do not hesitate to contact the STGI International Relations Department: RI-stgi@univ-fcomte.fr

For a better processing of your request, please **specify the subject of the request in the subject line of your message.**

- BELFORT International Relations Coordinator: Mrs HALM Fabienne
- MONTBELIARD International Relations Coordinator : Mrs GREBER Claire

5 Accommodation and catering



Several CROUS university restaurants and residences are located on campus.

All **useful information and addresses** can be found:

- On the **University of Franche-Comté website** \rightarrow tab 'Vie étudiante' (Student Life) \rightarrow POUR ALLER + LOIN

http://www.univ-fcomte.fr/vie-etudiante http://www.univ-fcomte.fr/le-logement-et-la-restauration#.XObGvPkzYdU



- In the Student Guide of the CROUS and the University of Franche-Comté that you will receive at the beginning of the academic year.
- On the CROUS website:

https://www.crous-bfc.fr/ https://www.crous-bfc.fr/logements/ https://www.crous-bfc.fr/restauration/

Helpful contact:

Mrs Catherine Jallon
Antenne nord Franche-Comté
Crous de Besançon
2 rue Ernest Duvillard-BP 80523
90 016 Belfort cedex
03 84 21 26 23 / 06 32 63 46 39
www.crous-besancon.fr

5.1 What is the 'CROUS'?



The 'CROUS' ('Centre régional des œuvres universitaires et scolaires') is at the service of all students. It offers accommodation, catering, financial and social assistance, but also cultural programming, entertainment and a support service to help you find a student job.

To benefit from the services of Le Crous, you only need to have student status. The system of 'Student Social File' ('Dossier social étudiant': 'DSE') allows you to group together applications for scholarships and housing, but also to consult the list of accommodation and educational institutions of the academy and to register wishes (4 at most) on the desired residences.

Student social file (DSE)

09 69 39 19 19 aides-etudiantes@crous-besancon.fr logement@crous-besancon.fr

The Crous University Restaurants ('RU') offer students **complete and balanced meals** for a small fee.

A meal at student rate costs 3,30 € (2019-2020 rate). Payment is made with PASS'UBFC (Izly card).

The PASS' UBFC is a multiservice card given to students of the University of Burgundy-Franche-Comté at the time of their final registration.



The PASS'UBFC serves as a student card, a payment card in university restaurants and allows you to borrow books in university libraries (BU). It is possible to print and photocopy in BU by paying with this PASS. It is used as a badge to access sports facilities.

The PASS'UBFC can be reloaded on the Internet or via the Izly mobile application.

It is valid in all Crous of Bourgogne-Franche-Comté and in the seven institutions that constitute the 'Université Bourgogne Franche-Comté'.

To start and reload your account: http://www.izly.fr

The Crous also manages the cultural activities on campus and supports student projects in various ways. It makes certain areas and facilities available to its partners, particularly student associations, for exceptional services and events.

The Crous also assists students in finding a student job or a summer job



The Crous offers many accommodations for students. They are located in the city center or near campuses. The university residences are open to all students, scholarship holders or not. In Crous residences, students benefit from a range of services: night watchman, laundries, maintenance service, activities, wifi connection...

5.2 CROUS Accomodation

In a university residence:

- For 166 € per month including VAT: 9 m2 renovated rooms, equipped with a sink and a fridge. Showers, toilets and kitchen are shared.
- For 255 € per month including VAT: renovated rooms of 9 m2 with individual sanitary comfort.
- From €337 to €378 including VAT per month: 18 m2 studios with kitchenette and individual sanitary comfort.
- These apartments are equipped with telephone and computer sockets. They are eligible for the Social Housing Allowance ('allocation de logement sociale': 'ALS').



In an apartment:



- From €227 to €356 per month: T1 from 18 to 20 m2, equipped with bathroom, toilet, kitchenette, telephone and computer sockets, intercom.
- For 416 € to 500 € per month: T1 bis from 31 to 39 m2 with one or two beds and the same equipment.
- For €446 to €595 per month: T2 from 46 to 50 m2 with the same equipment.

The apartments are furnished and entitle you to the 'personalized housing assistance' ('aide personnalisée au logement': 'APL'). It is necessary to inquire with the residence of your choice.

Shared accommodation is possible in some T1 bis and T2 apartments. T1bis which is designed for co-location can also be requested individually.

In all the residences, **a reception agent**, often housed on site, is present to help students in their applications and requests.

Technicians employed by the Crous are available to help you in your home in the event of minor repairs to be carried out (changing bulbs, water leaks, blocked pipes, etc.).

If you are staying in a residence in Nord Franche-Comté (Belfort, Montbéliard, Héricourt), you can also send an e-mail to: reparations-nfc@crous-besancon.fr

Night watchmen are present in some of 'Crous' residences every night. They ensure the safety and peace of mind of students.

5.3 In Montbéliard



The Crous offers 143 beds downtown, 84 on the 'Portes du Jura' site, and 22 in Héricourt, as well as a university restaurant.

Résidence Portes du Jura

84 T1 including 5 PMR (rooms that are accessible to disabled people)
23 rue Ravel – 25200 Montbéliard
03 81 94 45 92

>To know more about it:

https://www.crous- bfc.fr/logement/residence-portes-du-jura/

IN THE CITY CENTER

Résidence René-Thom

79 T1, 19 T1 bis solo and 23 T2 37 avenue Clémenceau 25200 Montbéliard 03 81 91 15 05

>To know more about it:

https://www.crous-bfc.fr/logement/residence-rene-thom/



HÉRICOURT

17 T1 and 5 T1 bis 3 rue André-Launay – 70400 Héricourt 03 84 21 06 01

>To know more about it:

https://www.crous-

bfc.fr/logement/residence-hericourt/

For all these residences:

Email: pole-hebergement-nfc@crous-bfc.fr

Restaurant and cafeteria on the Portes du Jura campus:

Traditional self-service 11:30 a.m.-1:30p.m. Cafeteria 7:30-10:30 and 11:30-14:00 4, place Tharradin - 25200 Montbéliard 03 84 21 93 93

How to get there:

Montbéliard Evolity's public transport network. Many departures from the Acropolis (SNCF train station)

5.4 In Belfort



In Belfort, the Crous has 3 university restaurants and offers 268 beds near the 'IUT', 92 beds near the 'UFR STGI' and 258 beds in the city center.

SITE TECHN'HOM

· Résidence Duvillard

268 renovated rooms including 17 PMR (rooms that are accessible to disabled people)

2, rue Ernest-Duvillard BP 80523 – 90016 Belfort 03 84 21 06 01

>To know more about it:

https://www.crous-bfc.fr/logement/residence-duvillard/

· Restaurant and cafeteria Duvillard

Traditional self-service and snack: 11:30 am-1:30 pm Monday to Friday Cafeteria:

11:45 am -1:30 pm Monday to Friday 2, rue Ernest-Duvillard – 90000 Belfort 03 84 21 06 01

How to get there from BELFORT train station:

Bus 3 Valdoie (4 stops) to the IUT,

Then by foot (approximately 3 minutes, 290 meters)

QUARTIER DES GLACIS

· Résidence Éluard

72 T1 bis solo and 10 T2 46, rue Parant – 90000 Belfort 03 84 57 00 61

How to get there from BELFORT train station:

Bus 2 Justice (9 stops) to 'Laurencie' stop

Then by foot (approximately 1 minute, 130 meters)

IN THE CITY CENTER

Résidence Braudel

72 T1, 23 T1 bis solo, and 4 T2 3, rue Marcel-Paul – 90000 Belfort 03 84 22 19 77

>To know more about it:

https://www.crous-bfc.fr/logement/residence-fernand-braudel/

· Résidence Jean-Paul-Sartre

129 T1, 11 T1 bis 2 persons, 2 T2 1, rue Gaston-Deferre – 90000 Belfort 03 84 21 95 37

>To know more about it:

https://www.crous-bfc.fr/logement/residence-jean-paul-sartre/

For all these residences:

Email: pole-hebergement-nfc@crous-bfc.fr

· Café Etc.

Takeaway 11:30 am -13:30 pm Monday to Friday UFR STGI, site Louis-Néel Rue Chantereine – 90000 Belfort

UTBM - in SEVENANS

Restaurant universitaire, Maison de l'Etudiant

Traditional self-service and snack 11:30 am -13:30 pm Rue de Leupe – 90400 Sevenans 03 84 58 38 38





Housing applications must be made between January 15 and May 31 for a housing proposal by June 30. After these dates, students can continue to apply for accommodation, as available accommodation can be allocated throughout the year.

All requests have to be made on the Internet, after creating a student social file ('DSE').

Contrary to popular belief, it is not necessary to be a scholarship holder to be housed.

http://www.messervices.etudiant.gouv.fr (under the heading 'Cité U')

Accommodation service in Belfort, Montbéliard and Héricourt: pole-hebergement-nfc@crous-besancon.fr

You can see the available accommodation on: http://www.lokaviz.fr



Electricity:

When you move into a Crous apartment, you sometimes have to sign a contract with an electricity supplier. Information on the procedures to be followed will be given to you by the Crous as soon as you settle in.

The Crous has signed an agreement with ERDF to simplify and facilitate the installation of students.

http://www.energie-info.fr

Please note: Electrical equipment

The voltage in France is 220 volts and the electrical plug is type E. If it is different in your country of origin, you will be able to use your electrical appliances with adapters, which are available in supermarkets.

5.5 Accomodation in the private sector



If you choose a private accommodation, check the ads on these websites:

- CROUS on http://www.lokaviz.fr/
- CRIJ on http://www.jeunes-fc.com/
- Néolia on http://www.neolia.fr/

Contacts:

Néolia Belfort

7 rue de la République 90000 Belfort Tél. 03 84 21 16 08 belfort@neolia.fr

Néolia Montbéliard

2 avenue des Alliés 25200 Montbéliard Tél. 03 81 31 53 60 montbeliard@neolia.fr

Néolia Agence Petite Hollande (near the campus)

15 rue de la Petite Hollande BP 24 – 25217 Montbéliard Cedex Tél. 03 81 98 23 24 petite-hollande@neolia.fr www.neolia.fr

Territoire Habitat

44 bis rue Parant CS 40189 90004 Belfort Cedex

Tél.: 03 84 36 70 00 th90@th90.fr

Habitat 25 – Branch of Montbéliard 6 B Rue du Petit Chenois, 25200 Montbéliard

You can also view ads on:

-sales and rental websites between private individuals:

http://www.leboncoin.fr http://www.topannonce.fr

- **-real estate agencies** (additional costs of about 1 month's rent)
- -Finally, shared accommodation is a fairly common method of apartment sharing among students. The name of each roommate must appear on the lease. Consult the ads of specialized websites:

www.appartager.com www.colocation.fr



www.habitat25.fr Tél. 03.81.90.71.00

Idéha

53, avenue Chabaud Latour BP 153 25202 MONTBELIARD Cedex Tél. 03 81 99 27 27 contact@ideha.fr



What you have to know before renting an accomodation



- If you are renting an accommodation, you will have to:
 - Fill out a lease and make a check-in inventory: Look carefully at the duration of the contract and especially the duration of the notice of departure (generally 3 months before the date of the desired departure or 1 month for furnished accommodation).
- Pay a security deposit (= 1 month's rent) which will be refunded on departure if no damage is identified.
- Provide a joint and several guarantee signed by a person who commits to pay the rent if you do not do so. Proof of identity and resources will be requested (last salary slips and tax notice).
- Provide a certificate of fire, water damage and civil liability insurance.

Tenants must normally bring their own bed and bathroom linen (sheets, towels, etc.) and kitchen utensils. However, the department in

charge of welcoming foreign students can help you out and provide you with loan equipment (first necessity items, crockery, etc.) when you arriv

BONDING ASSISTANCE:

- The 'Loca-Pass advance' is a zero interest loan that finances the security deposit required from the tenant at the time the lease is signed. This housing assistance is open to young people under 30 years of age. http://www.actionlogement.fr
- The 'CLE' (student rental deposit 'caution locative étudiante') is a state guarantee that allows students without personal guarantors to facilitate their access to housing. The 'CLE' is managed by the Crous. The 'CLE device' ('dispositif CLE') is replaced by the 'VISALE guarantee'.

To obtain a **'VISALE guarantee**', please visit the website: http://www.visale.fr



Help is available to access rental housing:

HOUSING SUBSIDIES:

Students can receive assistance from the 'Caisse d'Allocations Familiales' (CAF) to pay their rent:

- the personalised housing assistance ('aide personnalisée au logement':'APL') concerns APL approved housing (granted under certain conditions, this assistance is paid to the tenant or directly to the landlord, who will deduct it from the rent)
- -the social housing allowance ('allocation de logement sociale': 'ALS') can be granted regardless of the type of housing (like the APL, it is subject to certain criteria, including financial resources).

Further information on: http://www.caf.fr

CAF Belfort

12, rue Strolz 90009 Belfort Cedex Tél. 0810 25 90 10

CAF Montbéliard

3 rue Léon-Blum 25216 Montbéliard Cedex Tél. 0810 25 25 30



For any question regarding your material installation, if you need first necessity equipment, do not hesitate to contact the STGI International Relations department: RI-stgi@univ-fcomte.fr

For a better processing of your request, please specify the subject of the request in the subject line of your message.

International Relations BELFORT Coordinator:

Mrs HALM Fabienne fabienne.halm@univ-fcomte.fr

International Relations
MONTBELIARD Coordinator: Mrs
GREBER Claire
claire.greber@univ-fcomte.fr

6 Getting around (train, bus, bicycle, pass & tickets)

Public transport offers attractive fare packages to students through the following companies:

- Bus Belfort (Optymo network) : https://www.optymo.fr/
- Bus Montbéliard (évolitY network) http://www.evolity.fr/
- TER Franche-Comté trains
 https://www.ter.sncf.com/bourgogne-franche-comte/offres/tarifs-prix-train/%5Btab%5Dabonnements

Espace Optymo:

Pôle Liberté, 13 rue de Madrid, 90000 BELFORT

Open Monday to Friday: 10am – 12pm and 1pm to 6pm



Agence Optymo:

1 boulevard Carnot, 90000 BELFORT

and 2pm to 6 pm.

Open
Tuesday to Saturday:
10am – 1pm and 2pm to 6pm

Espace bus of Montbéliard

SNCF train station – Place du Général de Gaulle Open Monday to Friday: 8:30am to 12pm

Open Saturday morning 8:30am to 12pm. Served by all ligns except G, H and N – stop 'Acropole'

Espace bus of Audincourt

2 rue Duvernoy Open Tuesday to Friday 8:30am to 12pm and 2pm to 6pm.

Open Saturday morning 8:30am to 12pm. Served by the lines 1, 2, 3, 4, A, F, G, H – stops 'Place du Marché' or 'Briand'

INFO PASS & TICKETS Bus/Train

- REGULAR FARE TICKETS

Unit ticket: €1.00 per trip

EvolitY day ticket (valid from 6am to midnight): 3,80 €

Optymo day ticket (validity: 24 hours - Urban and suburban lines): 3,60 €

- BELFORT - MONTBÉLIARD TICKET

Ideal for travelling throughout the EvolitY network and the Optymo network. This ticket can be used on the Express line by motorway and E line of the evolitY network in connection with line 3 of the Optymo network.

Price: 2,15 € (day)

Validity: 1 hour - Optymo + Express Line +

évolitY

Where to buy tickets: Espaces Bus evolitY - Espace Optymo - Belfort and Montbéliard train station - Audincourt SNCF shop.

- URBAN AREA DAY TICKET

Ideal for a day's free travel on the entire Optymo + évolitY + Hérivia network.

Price: 4,50 €

Validity: 24 hours - Optymo + Express Line + évolitY

Where to buy tickets: Espaces Bus evolitY - Espace Optymo - Belfort and Montbéliard train station - Audincourt SNCF shop

- Pass'OK (bus + train)

Do you have to travel in the Belfort, Montbéliard and Héricourt urban area?

You can travel with only one ticket on:

- the lines of the 'Pays de Montbéliard Agglomération' (évolitY) transport network,
- the lines of the TCMS (Optymo) transmission network,
- the Express line "Belfort-Montbéliard",
- regional transport network (TER) lines excluding Grande Ligne trains, for journeys within the urban area, i.e. between two of the following stations: Bas Evette, Trois chênes, Chèvremont, Petit Croix, Belfort, Héricourt, Montbéliard, Voujeaucourt, Colombier-Fontaine.

The rates are $8.50 \in (day)$, $19 \in (weekly)$, $54 \in (monthly)$, annually: $47.50 \in (monthly)$, annually: $47.50 \in (monthly)$, on www.ter.sncf.com



- CAMPUS CARD

Ideal for students under 26 years of age residing in PMA or the Territoire de Belfort wishing to travel on the lines of the Belfort and Montbéliard networks or on the Express line by Belfort/Montbéliard highway.

Campus card price (students under 26 years old bus evolitY + bus Optymo): monthly 38.00 €

Documents to be provided: identity card, ID photo, proof of residence less than 6 months old (electricity bill, telephone bill in your name), student card + card creation fees.

Where to buy the Campus card: Espace Optymo, evolitY sales agency and depositary relays

EVOLITY NETWORK SUBSCRIPTIONS

Young people (under 26 years old): monthly 18,00 € / yearly for students 150,00 €

Intended for young people under 26 years of age, residing in MPA ('Pays Montbéliard Agglomération': Greater Montbéliard).

Documents to be provided: passport photo, identity card (or passport or family record book), family record book, proof of residence less than 6 months old (electricity or telephone bill in your name or that of your parents), your card if you already have one.

Card creation fees: 3 €

Where to buy it: EvolitY sales agency and depositary relays

>For further information, please visit:

https://www.evolity.fr/titres-tarifs/tarifs-selon-profils/voyage-occasionnel-ou-de-passage/https://www.evolity.fr/titres-tarifs/tarifs-selon-profils/

https://www.evolity.fr/titres-tarifs/tarifs-selon-profils/jeune/

https://www.optymo.fr/bus/guide-du-voyageur/

https://www.optymo.fr/pass-tickets/pass-optymo/

https://www.optymo.fr/pass-tickets/tickets/ https://www.optymo.fr/pass-tickets/titre-aireurbaine/

TRAIN TER FARES AND DISCOUNTS

The new TER Burgundy-Franche-Comté tariffs are simple and attractive.

SUBSCRIPTION FOR YOUNG PEPOLE -26 YEARS OLD BURGUNDY-FRANCHE-COMTÉ

Up to 80% discount on your daily trips. In TER formula only or TER + bus.

 Optymo BELFORT offers a simple and practical bicycle rental service for your daily trips.

Easy to use, it is available 24 hours a day, 7 days a week.

The stations are located in Belfort but also in some peripheral towns.

To know more >

https://www.optymo.fr/velo/presentation/ https://www.optymo.fr/velo/reservation/

 The association 'Vélocampus du Lion' rents bicycles for a small fee.

Rue Engel Gros 90000 Belfort 0643018520

velocampusdulionbm@gmail.com

http://velocampusdulion.free.fr



7 Social and medical protection

7.1 Student social security: the procedures to follow



In France, your health expenses are reimbursed by:

- -Social Security (= Health Insurance) which reimburses between 15% and 70% of your health expenses, (on presentation of the health card to the doctor during the medical appointment).
- -and mutual insurance companies (or complementary health insurance companies) that supplement Social Security reimbursements in order to reduce your remaining expenses.

Anyone who is in a regular situation and who lives in France for more than three months must be covered by a social security system.

To complete the reimbursements of the Health Insurance, you can join a complementary mutual insurance, an additional health insurance, from 4.90 €.

Goodbye to the 'student regime'!

In 2019 the government announced the end of the student social security system.

As of September 1, 2019, all students are automatically attached to the 'Caisse Primaire de l'Assurance Maladie' in their area of residence.

As a foreign student (outside the EU/EEA and Switzerland), you must join the CPAM (Caisse Primaire d'Assurance Maladie) on a dedicated website:

http://etudiant-etranger.ameli.fr

For further information: https://www.ameli.fr

You must register on this site in order to be reimbursed for your health expenses during your studies.

This registration is **free and mandatory**, it will allow you to be reimbursed for your health expenses.

You will have to submit the required supporting documents:

- national identity card, passport;
- residence permit;
- certificate of academic enrolment for the current year;
- IBAN ('RIB': bank statement) for your refunds;
- civil status document required to create your identification number (commonly called 'social security number'). The civil status documents accepted are:
- a full copy of the birth certificate,
- a birth certificate with filiation (or any document issued by a consulate),
- a family record book,
- a marriage certificate if you are married.

International agreements and conventions may provide other supporting documents, depending on your country of origin.

Please keep the temporary social security number that has been automatically assigned to you by the site and download your temporary certificate of affiliation to the Social Security.

Once the registration has been validated, you will be able to download the definitive certificate of affiliation to the Social Security (rights certificate: 'attestation de

droits').

If you were unable to register online, call 36 46 (service 0.06 €/min + call price). If necessary, a call center agent will answer you in English.

You will be given a definitive social security number.

It will allow you to create **your 'ameli account'**: it is your personal space that will allow you to access all your services from your computer, your mobile phone or your tablet, to view your refunds, download your certificates, contact an advisor by email....

On this account, you can also complete the online form to apply for your health card ('carte Vitale') by providing supporting documents (recent passport photo and identity document).

Please note: do not forget to declare your referring doctor, during a consultation with a doctor in France, in order to be reimbursed.





If you are enrolled in a Quebec university (and you are not enrolled in a French university), you may be concerned by the provisions of the Franco-Quebec Agreement, which allows you to benefit from local coverage of your health expenses.

Before you leave, ask your health insurance fund (RAMQ) for form SE 401-Q-106 'Certificate of affiliation to their social security scheme for participants in exchanges between higher education institutions', and have it completed by your university in Quebec.

This form certifies that you are insured under the Québec social security system.

To be reimbursed for your health expenses, you must contact the 'Caisse primaire d'assurance maladie' (CPAM) of your area of residence and submit your form.

You are enrolled in a French university:

As a Quebec student, insured under the Quebec social security system, you are enrolled in a French institution.

Before you leave, ask your health insurance fund (RAMQ) for form SE 401-Q-102 bis 'Attestation of membership in a Quebec plan before leaving for France'.

This form certifies that you are covered by RAMQ health insurance in France.

To be reimbursed for your health expenses, you must contact the CPAM of your area of residence and submit your form.

Pour bénéficier du remboursement de vos frais de santé, vous devez vous rapprocher de la CPAM du lieu de votre résidence et lui remettre votre formulaire.

CPAM addresses:

Assurance Maladie du Territoire de Belfort 12 rue Général Strolz 90021 BELFORT https://www.ameli.fr/territoire-de-belfort/

Assurance Maladie de MONTBELIARD 3 av Léon Blum 25200 MONTBÉLIARD https://www.ameli.fr/doubs/

7.2 Student mutual insurance companies

Why take a health insurance?

To benefit from optimal reimbursement of your health expenses, you can subscribe to a complementary health insurance or a mutual insurance company.

Social Security does not reimburse everything. To complete the Social Security reimbursements, it is essential to join a mutual insurance company adapted to your needs.

The two main student mutual insurance companies are :



https://www.lmde.fr/

LMDE 32 rue Gaston Deferre 90000 BELFORT Tél. 09 69 36 96 01



http://www.smereb.fr/ SMEREB

3 rue Metz-Juteau 90000 BELFORT Tél. 03 84 55 02 95

7.3 Get medical care



At the **general practitioner's**, you pay the price of the consultation (25 €). You are then reimbursed by the Social Security and your mutual insurance company. At each consultation, do not forget to bring your certificate of affiliation to the Social Security. At the pharmacy, you only pay the part of the expenses that is not reimbursed by the Social Security.

7.3.1 In the event of a medical emergency:

Dial **18** (fire department) or **15** (SAMU:

Emergency Medical Services) from any landline phone.

From a mobile phone, dial **112**, which is also the emergency number in all European Union countries.

Doctors and on-call pharmacies (Franche-Comté): **3966** (Outside medical office opening hours, at night, on weekends and on public holidays)

7.3.2 **The 'SUMPPS'**:

All UFC students can access preventive university medicine free of charge. These services are financed by the Ministry of Higher Education and by university tuition fees. Students are received in complete confidentiality.

The 'SUMPPS' ('Service universitaire de médecine préventive et de promotion de la santé') offers various services, all free of charge.

- **-Medical check-up:** You can get an appointment for a free consultation with various doctors, general practitioners or specialists, in order to receive specialized medical advice, or to update your vaccines.
- **-Social service:** It is a place of welcome and listening, in which psychologists and/or social workers offer you, if you have difficulties, psychological support in the form of individual interviews. Their field of intervention covers:
- **schooling:** derogations, arrangement of the planning of studies or of the duration of tests, guidance and counselling.
- material problems: scholarship, housing, financial problems...
- relationship problems.

-Disabled students:

If your state of health represents an inconvenience in the normal follow-up of studies, you should be aware that you can obtain an adjustment of the conditions for studies and examinations, provided for by legislation.

If you have a chronic illness, it is recommended that you make yourself known at the beginning of the academic year to

allow for effective emergency care.

-Prevention: The SUMPPS department carries out collective actions of education and health prevention: tobacco, AIDS, contraception... Feel free to come and ask them for advice.

The staff of the SUMPPS Belfort and Montbéliard welcome you and offer you:

- Advice and guidance (general practitioners or specialists, laboratories, others, etc.)
- A place for listening
- Vaccination updates
- Appointment booking
- Hearing and vision control
- Urine analysis
- Blood pressure measurement
- Various care (bandages, removal of suture threads)
- Emergency care
- -Pre-donation interviews

SUMPPS Belfort

IUT Belfort

Département informatique – IT department, 3rd floor

19 avenue du Maréchal Juin - 90000 Belfort Tel. 03 84 58 77 78 - 07 85 64 01 60 sumpps-belfort@univ-fcomte.fr

SUMPPS Montbéliard

B.P 71427

Pôle Universitaire

4 Place Tharradin - 25211 MONTBELIARD Tel. 03 81 99 47 38 - 07 85 64 01 60 sumpps-montbeliard@univ-fcomte.fr Every Thursday

3rd floor of the University library ('BU')

7.3.3 Do you face personal problems?



- Do you have problems to know whom to contact for an administrative procedure?
- Do you have any doubts about your study project?
- Or do you simply want to apply for financial assistance?

In case of difficulties, **social workers** are at the students' disposal to meet them by appointment. Their role is to welcome and listen to students for material, personal and health problems they encounter during their studies.

It is mandatory to make an appointment with the Social Service.

Assistance can be provided to you on the following issues:

- MATERIAL DIFFICULTIES

Information on scholarships and accommodation.

Exceptional financial assistance thanks to specific assistance.

Liaison with other social services or referral to specialized services (medical, legal, academic) that may complement the work of the Crous social service.

- PERSONAL ISSUES

Adaptation difficulties Family difficulties

- HEALTH ISSUES

Interface with the University Service of Preventive Medicine and Health Promotion (SUMPPS).

- ACADEMIC ISSUES

Interface with administrative services (in particular with student affairs departments of the Faculties - U.F.R.) for any requests related to personal problems.



Contacts:

Social service Belfort

Résidence universitaire Duvillard Rue Ernest Duvillard – BP 523 90016 Belfort Cedex social@crous-bfc.fr

Social worker ('Assistant-e Social-e') CROUS

By appointment only Tel. 03 81 48 46 37 Montbéliard Office – Building C, ground floor social.25@crous-bfc.fr

Please note:

The CROUS Bourgogne Franche-Comté offers you free meetings with a psychologist (except during the holiday period), these are the 'HAPPSY HOURS':

In Belfort (Duvillard residence) and Montbéliard (Portes du Jura residence) on alternate Tuesdays: with or without an appointment.

06 27 86 91 83 - rdv.apsytude@gmail.com - www.apsytude.com



8 University libraries





As a student, you have free access to all COMUE university libraries ('BU').



The PASS'UBFC can be used as a library card. It should be given to you when you register at the University.

If you do not have a PASS'UBFC: Visit the student affairs department ('service scolarité') of your Faculty! Free registration.

Documents to be provided: a student card or employer's certificate, an identity document, an ID photo and a proof of residence.

Contacts:

BU Lucien Febvre Belfort

43, Faubourg des Ancêtres - CS 40455 90008 Belfort cedex 03 84 21 93 16 | bu-belfort@univ-fcomte.fr

Open: 9am -7pm from Monday to Friday and 9am - 12pm on Saturday

BU Montbéliard

4, place Lucien Tharradin - BP 71427 25211 Montbéliard cedex 03 81 99 46 46 | bu-montbeliard@univ-fcomte.fr Open: 9am -6pm from Monday to Friday

9 Opening a bank account



Opening a bank account in France can be very useful, especially to pay your bills (electricity, telephone, rent) and subscriptions (transport, Internet).

You will also be able to collect your possible salaries more easily and be reimbursed for your health expenses directly.

A French payment card also allows you to pay most of your expenses and avoids carrying large amounts of cash.

It is important to compare offers from different banks. The costs of withdrawal cards, international transfers and money withdrawals abroad can vary significantly from one institution to another.

Three documents are required to open a bank account: an identity document, a proof of residence and a certificate of schooling or a student card.



By opening a bank account, you will be entitled to a credit card and a cheque book. Thanks to your bank account number (RIB) in your checkbook, you can easily set up automatic withdrawals for your various subscriptions.

Further information about bank branches List of banks:

https://www.cbanque.com/pratique/agences/90/belfort/banque/ https://www.cbanque.com/pratique/agences/25/montbeliard/banque/

10 Mobile telephony and Internet subscription



Mobile telephony

In France, there are several mobile telephone operators (Orange, SFR, Free, Bouygues Télécom, La Poste, etc.). You can take a monthly subscription or buy only prepaid cards

Subscriptions cost between 2€/month and 60€/month. Remember to choose a formula adapted to your stay (pay attention to the conditions and duration of the

engagement on the contract, etc.).

Please note: In France, telephone numbers are ten digits long. **To call abroad** enter 00 + country code + telephone number.

To call France from abroad enter 00 + 33 + the telephone number without the first 0 (from the United States and Canada dial 011 + 33 + the telephone number without the first 0).

WIFI Internet

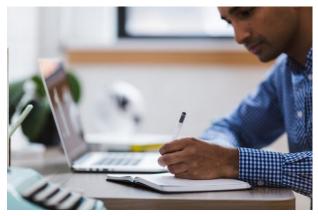
Most of the UFC buildings have free wifi.

Internet service providers (the same as for mobile phones) all have offers that vary according to the services they provide: Internet access, television, telephony. Whether you are connected to the Internet by cable, ADSL or fiber optic, there is necessarily a package that suits your needs and means.

To have an Internet connection at home, you must subscribe to a contract with an operator.

Subscriptions cost between €10/month and €50/month.

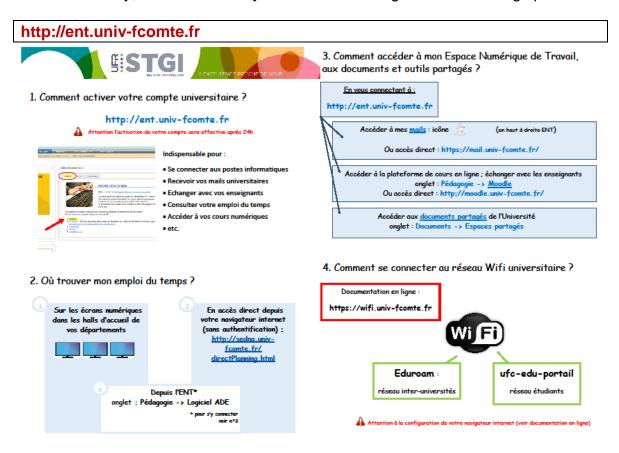
11 Environnement Numérique de Travail (ENT)



The University of Franche-Comté provides you with a range of digital resources and IT services through the 'Digital Workspace' (DWS - espace numérique de travail: ENT).

You can use this space from any computer with a browser and an Internet connection.

Thanks to the 'ENT', you can view your registration file, your grades and exam results. Information about your training and institution is regularly published there. ENT also provides access to online courses and communication with your teachers through the 'Moodle' distance learning platform. Digital documentary resources, such as journals or encyclopedias, are also available through this channel. Finally, the ENT allows you to access storage and file sharing spaces.



11.1 How to do this?

You must activate your 'Sesame' account before the first use.

This involves validating your username and password.

Take your school certificate with you: some of the information you will need to enter is written on it.

11.2 E-mail messaging:

Your new email address consists of the following:

<u>prenom.nom@edu.univ-fcomte.fr</u> (prenom: first name, nom: family name)

Even if you have a home address with a private provider, it is important to use and check this email provided by the university on a regular basis.

Your email account must be active if you wish to benefit from the university catering service (Crous).

You will receive in your email the necessary information to activate your account and credit it.

This address will also be used by your teachers and by the university's various departments (library, student affairs) to contact you or send you information. It can also be useful to identify you as a student when you apply for an internship. Access to this messaging is via the digital workspace ('ENT').

You can redirect the university email address to your home email address.

11.3 IT correspondents :

In case of problems, you can contact your Faculty's IT correspondent.



From a remote location:

Create an SOS ticket on the ENT: http://ent.univ-fcomte.fr
Tab: Assistance -> SOS Tickets

On the Montbéliard site :

Office of Computer Scientists Building C - 1st floor

On the Belfort site: Sciences & Energies

Office of Computer Scientists

1st floor

AESDM

Office of Computer Scientists

1st floor

Who to contact in case of computer problems?

pole-informatique.stgi@univ-fcomte.fr

In case you lose your password or are slow to open your computer, make an appointment as soon as possible with your student affairs department or the IT department.

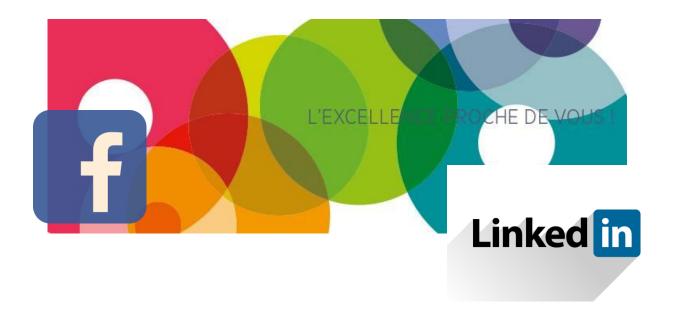
Practical information:

http://stgi.univ-fcomte.fr/download/ufr-stgi/document/documentation-etudiant/guide-informatique-etudiant-2018-2019.pdf

- **To obtain a Microsoft Office education license**: http://ent.univ-fcomte.fr/esup-news/feeds/pub/item?c=1&itemID=1742
- To access to computer rooms outside teaching hours (access according to availability): contact your student affairs department.

11.4 The STGI UFR is present on Facebook and on Linkedin.

You can subscribe to keep up to date with the events organised at the university and the latest news on training programs, community life on campus, good tips on going out....



12 Right to work for foreign students

12.1 French law

French law allows foreign students to work 964 hours a year, which is equivalent to 60% of the legal working time. It can only be a supplementary salary.



When working in France, whether or not you are a student or not, a legal minimum wage is guaranteed.

It is commonly referred to as the 'Smic' (minimum interprofessional growth wage).

It amounts to 10,03 € gross per hour in 2020. This salary is gross; you have to deduct the compulsory social security contributions (about 20%) to know what you really earn at the end, i.e. 8,03 € per hour. If you work 10

hours a week at minimum wage, you will earn about 80 € ('net').

Foreign students may exercise a salaried professional activity in France if this employment is **held as an ancillary activity** during their studies.

Students from a country of the European Economic Area (EEA) or Switzerland have free access to work in France.

Students from countries other than those mentioned above may work during their studies if they hold a long-stay visa valid as a student residence permit ('VLS-TS') or a residence permit bearing the mention 'student'. Algerian students must apply for a temporary work permit.

The employer must declare their recruitment to the prefecture.

Please note that students who are on an apprenticeship contract or whose studies include part of paid work (e.g. doctoral students who receive a salary), students who have to work beyond the authorized duration and students holding a 6-month long-stay visa must apply for a temporary work permit.

For further information:

http://www.service-public.fr

www.campusfrance.org/fr/page/travailler-en-france-pendant-ses-etudes

12.2 How to find a job

The 'orientation stage emploi' (OSE) department ose@univ-fcomte.fr provides information and support in the design of a personal and professional project, in the definition of an orientation or in the search for internships and jobs.



You can meet professional integration counsellors in Montbéliard and Belfort by making an appointment at the following address: ose@univ-fcomte.fr

The OSE service provides you with **job and internship offers** via a continuously updated platform, as well as on the digital workspace of students at the University of Franche-Comté.

For further information:

stage-emploi.univ-fcomte.fr/

- The University of Franche Comté offers student employment contracts ('CEE': 'Contrats Emplois Etudiants') to participate in certain activities (reception, tutoring, computer support and assistance in the use of new technologies, support for library staff, professional integration assistance, scientific and sports cultural activities, support for disabled students and promotion of the training offer).

If you wish to apply, go to the online application procedure from your "Digital Workspace" (ENT), tab 'Contrats Etudiants' (Student Contracts).

For further information:

http://www.univ-fcomte.fr/les-emplois-etudiants#.XPK6ZvkzYdV

Service des contractuels, contrats étudiants Maison de l'Université 1, rue Goudimel – 25030 Besançon Cedex contratsetudiants@univ-fcomte.fr The Youth Information Bureau or BIJ ('Bureau Information Jeunesse') is another source for finding job offers. It regularly posts job offers for students (animation, catering, distribution). Seasonal agricultural work offers are posted from July to October.

For further information:

Bij Belfort

Addresses:

3 rue Jules Vallès - 90000 Belfort

Tel: 03 84 90 11 11

E-Mail: ijbelfort@jeunes-bfc.fr Internet site: <u>www.ijbelfort.com</u>

Bij Montbéliard

Centre des Alliés 6, avenue des Alliés 25200 Montbéliard Tel. 03 81 99 24 15 bij@montbeliard.com www.montbeliard.com/bij

- The **CROUS Student Employment Service** is at your disposal to help you:
 - to look for job offers (washing dishes, serving meals, cleaning, reception...)
 - to find a company
 - to know how to write your CV and cover letter
 - To prepare recruitment interviews
 - To enhance your skills



You can view the offers online and make an appointment on: messervices.etudiant.gouv.fr, under 'Accéder aux autres services' (Access to other services) - 'prendre RDV avec le CROUS' (Make an appointment with the CROUS)

Appointment locations:

- Montbéliard: 4 place Tharradin, UFR STGI, Building C.
- Belfort : Cité universitaire Duvillard, 2 rue Ernest Duvillard.

All 'student employment contract' offers are published on: www.jobaviz.fr

Applications (CV + cover letter) should be sent to jobetudiant@crous-bfc.fr



EDUCATIONAL ASSISTANTS ('ASSISTANTS D'ÉDUCATION')

Educational assistants work in schools, colleges, high schools or boarding schools to assist the pedagogical team.

Educational assistants mainly carry out monitoring, security, assistance in the use of new technologies, pedagogical support and tutoring.

Educational assistant jobs are intended primarily for scholarship students. Educational assistants pursuing studies may benefit from a credit of hours allowing them to have the time necessary for their university education (200 hours maximum per year for a full-time student).

The application is submitted via the 'SIATEN' online application. The applications are then sent to the directors of the institutions who proceed with the recruitment process.

Information and online application:

http://www.ac-besancon.fr > Staff/jobs > Education assistants

Other job offers

You may also consult the job search websites and temporary employment agencies Randstad, Adecco, Manpower, CRIT, Triangle Intérim, etc.:

www.bourgognefranchecomte.fr/offres-emploi

www.jeunes-fc.com

www.pole-emploi.fr

https://www.leboncoin.fr/offres_d_emploi/offres/franche_comte/territoire_de_belfort/https://www.leboncoin.fr/offres_d_emploi/offres/franche_comte/doubs/

O3 81 71 04 00 accueil@ideis-asso.fr

http://www.ideis-asso.fr/

IDEIS 'Mission locale', 'Service d'aide à la recherche d'emploi' (Job search assistance service) in Montbéliard

Adresse : 2 Avenue des Alliés, 25200 Montbéliard

13 Playing sports





'Campus Sports' is a service of the Faculty 'U-Sports' which is open to all students and staff of the University of Franche-Comté. Its mission is to make physical and sporting activities accessible to all, including people with disabilities. Present in Besançon, Belfort, Montbéliard and Vesoul, Campus Sports offers a wide range of programs adapted to the different audiences and each level of practice:

- -leisure and outdoor activities, with a choice of more than 40 physical, sporting and discovery activities
- -sport-health oriented activities, focused on **refresher training, toning** and **weight training**
- -wellness activities
- -outdoor activities to discover our region
- -'sports nights'

To know more > Registration and program

http://u-sports.univ-fcomte.fr/pages/fr/menu617/s-inscrire-a-l-u-sports/1.0-campus_sports_accueil-14451.html

Contacts

Montbéliard site:

Bureau du DEUST Animation et Gestion des Activités Physiques et Sportives et Culturelles Bât. A on UFR STGI premises 4 place Tharradin MONTBELIARD

virginie.metge@univ-fcomte.fr didier.georges@univ-fcomte.fr

Belfort site :

Tel: 03 81 99 47 19

IUT - Bâtiment administratif « accueil » -1st floor

patrick.bedat@univ-fcomte.fr

Tel: 03 84 58 77 31

14 Student associations

To get to know people, joining an association is a very good option for foreign students. Feel free to contact the student associations to keep yourself posted on the activities they offer throughout the year.

Lists of local associations:

-MéMO: 'Maison des étudiants de Montbéliard' (Student Center) Monday > Friday (open during lunch

break)
Events, games, table football, etc.

Join the MéMO association and enjoy many advantages.

association.memo@gmail.com

https://fr-fr.facebook.com/assomemo2/



The 'Association des Jeunes Etudiants de l'UFR STGI de Belfort' (Association of the young students of the Faculty UFR STGI of Belfort) was created with the aim of developing student life and increasing social exchanges between the departments of 'AES/Droit' and 'Sciences & Energies'.

https://www.facebook.com/ajestgibelfort/

-ESN Belfort

Association formerly known as 'International Students Belfort Montbéliard'.

'ESN'-labelled association for the reception of international students

All the association's events are available on the Facebook page:

http://belfort-montbeliard.ixesn.fr/

contact.esnbm@gmail.com





-The 'Café Polyglotte' (Multilingual Café) is a weekly event organised by ESN Belfort Montbéliard to allow students to meet other students and learn to speak their language.

Each Café is organized around a specific theme to make it easier for participants to learn other languages and cultures while enjoying themselves.

Every Tuesday at 8 p.m., one week in Belfort (Brasserie L'ABC), the other week in Montbéliard (Pub O'Brian)!





-The International Student -Local Student sponsorship system:

Are you an international student? You are planning your arrival in Belfort-Montbéliard and you want to get some help and meet people quickly? The BuddySystem is for you!

With the BuddySystem, you can express your tastes, preferences, and a latest generation matching system allows you to be associated with a French Buddy. Your Buddy will always be there to help you or to do any kind of activity!

https://belfort-

montbeliard.esnfrance.org/news/inscris-toiau-buddysystem-register-buddysystem



-Eco Campus

Eco Campus aims at promoting cohesion between the training departments of the IUT of Belfort-Montbéliard in relation to the Ecocampus 2020 project on the Belfort and Montbéliard campuses. It also has the purpose of raising awareness among the various publics of sustainable development in its social, economic and ecological dimensions.

ecocampus.association@gmail.com

IUT de Belfort-Montbéliard 19 avenue Maréchal Juin - BP 527 90016 BELFORT Cedex

-Vélocampus du Lion

The missions of 'Vélocampus du Lion' are to promote the use of bicycles and make it accessible to everyone by renting them at a low price, and by offering a free repair service and training.

The 'Vélocampus du lion' facility is located on the Techn'hom site, building D (on the IUT staff parking lot, below the 'amphithéâtre 3').

Workshops including repair workshops.

velocampusdulionbm@gmail.com

velocampusdulion.fr
IUT de Belfort-Montbéliard
19 avenue Maréchal Juin - BP 527
90016 BELFORT Cedex



-Isenthalpe

The Isenthalpe association is a friendly meeting place where students can socialize and relax.

The association's premises are located on the 1st floor of Building C, Department of Thermal Engineering and Energy, on the Belfort-Techn'hom site of the IUT.

association.isenthalpe@gmail.com

IUT de Belfort-Montbéliard

Département Génie Thermique et Energie (GTE) 19 avenue Maréchal Juin - BP 527 90 016 BELFORT Cedex



Anim' Toi



The 'Anim Toi' association's office is located on the Techn'hom site, building F, on the second floor of the Social Careers department.

In order to integrate as well as possible the new students arriving in Belfort, and in order to create a cohesive university promotion between the students, the 'Anim Toi' association organizes many events.

The enhancement of a cultural background among students is also one of the most important goals.

The association is strongly nationally and internationally oriented thanks to its participation in the 'Animafac' and 'ESN Besançon' ('Buzz'ac international') networks.

animtoi@gmail.com

IUT de Belfort-Montbéliard Département Carrières Sociales (CS) 19 avenue Maréchal Juin - BP 527 90016 BELFORT Cedex

Radio Campus Besançon

https://campusbesancon.fr/#/



The MMI department of the IUT Belfort- Montbéliard is producing a web TV presenting news from the Belfort and Montbéliard campuses.

Visit us at:

https://www.youtube.com/channel/UCOipQ939Yy0Ja5GVI4I-lvA

15 Good tips

15.1 Carpool parking

Campus carpooling website:

https://parking.numericabfc.com

15.2 'Carte Avantages Jeunes' ('Youth Benefits Card')

+ more than 3000 GOOD TIPS:

This card offers many discounts and free admission for people under 30 years concerning culture, leisure and daily life in Franche-Comté, the Jura and the Bernese Jura in Switzerland.

From September 1 to August 31 of each year, the Youth Benefits card can be used to get free admission to libraries, reduced admission to movie theatres and free admission to the region's main heritage sites.

Coupons are also available for shows and concerts, they also allow you to enjoy many discounts at retailers and travel agencies.





In Bourgogne-Franche-Comté its price is 8 €.

To buy the card, you have to:

-present your identity card -provide a recent ID photo.

Where to buy the card?

Numerous sales outlets, including:

- Belfort Youth Information Office (Bureau Information Jeunesse : BIJ) 3 rue Jules Vallès 90000 Belfort
- Montbéliard Youth Information Office (Bureau Information Jeunesse:BIJ)
 avenue des Alliés
 25200 Montbéliard

https://www.avantagesjeunes.com/

15.3 Second-hand stores: good buys at low prices!

They offer a wide selection of second-hand and refurbished products at the best price (telephones, tablets, video games, game consoles, computers, DVDs / books, cameras, video games, household appliances and many other products).

- Easy Cash Bessoncourt
 14 av du TILLEUL,
 90160 BESSONCOURT
- Cash Express Montbéliard, 57 av CHABAUD LATOUR, 25200 MONTBELIARD
- Happy Cash Montbéliard, 18 rue de la SOUABERIE, 25200 MONTBELIARD



15.4 Classified ads from private individual to private individual and professionals: 'Leboncoin'



Discover the ads for second hand cars, motorcycles, real estate, employment, holiday rentals, clothing, household appliances, toys, decoration, furniture, etc.

15.5 Open universities to train, enrich your cultural knowledge and share ideas

IDEE, Université Populaire BELFORT

'General public' conference program Language courses (French as a Foreign Language: FLE, English...), etc.

English course price: 294 € from level A1

to A2 - 305 € from level B1

FLE course price: from 90 € to 280 €

Raymond Aubert School 25 rue de la 1ère Armée Française BP 254 90005 BELFORT CEDEX CEDEX

Direct bus connection to the IDEE-UP (Optymo):

- line 1: stop '1ère armée'

- line 4: stop 'Paul Bert'

Tel: 03 84 28 70 96

'L'Université Ouverte' ('Open University'), MONTBELIARD local branch.

Courses, conferences, visits, cultural trips, etc.

The conferences (free access on presentation of the student card) take place at the 'Grand Amphitheatre' of the 'Pôle Universitaire des Portes du Jura in Montbéliard'.

Contact:

03 81 66 51 00

universite.ouverte@univ-fcomte.fr

Information:

Pays de Montbéliard Agglomération 8 Avenue des Alliés - 25200 Montbéliard Website:

universite-ouverte.agglo-montbeliard.fr

Magali GAUTHROT

Tél. 03 81 31 86 46 magali.gauthrot@agglo-montbeliard.fr

Angélique ZENDER

Tél. 03 81 31 86 44 angelique.zender@agglo-montbeliard.fr

16 Going out, having fun, discovering, learning



Shows and concerts, movie theatres, swimming pools, ice rink, bowling alley, festivals, museums, etc. You won't get bored!

16.1 Theaters and shows



-MA Scène nationale Pays de Montbéliard

Hôtel Sponeck - 54 rue Clémenceau - 25200 Montbéliard

billetterie@mascenenationale.com

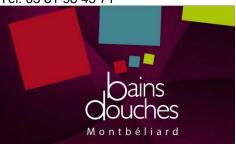
'MA scène nationale' ('MY national scene') consists of multiple and open spaces, a range of facilities hosting diverse artistic forms:

-'BAINS DOUCHES' (PUBLIC SHOWERS and BATHS) - MONTBÉLIARD

Old 20th century baths with traditional restaurant and shows in a room with removable bleachers.

4 Rue Charles Contejean, 25200 Montbéliard

Tél. 03 81 98 45 71



-HÔTEL DE SPONECK -MONTBÉLIARD

Formerly a private mansion, the Hôtel de Sponeck houses the ticket office of MA scène nationale.

-'L'ARCHE' (THE ARCH) -BETHONCOURT

Built in 1994, L'Arche has two halls that can host shows: the main hall and the auditorium. L'Arche mainly hosts 'MA scène nationale's shows for young audiences.



-'MALS' - SOCHAUX

Exhibitions as well as dance, opera, music, theatre and comedy shows take place in this large modern hall.

4 Rue de l'Hôtel de ville, 25600 Sochaux **Tél. 03 81 94 16 62**

-'SCÈNE NUMÉRIQUE' (DIGITAL SCENE) - MONTBÉLIARD

The digital scene is located in the heart of 'Numerica', the multimedia hub of Franche-Comté. A high-tech place dedicated to artistic creation and performance presentation, it is the essential support for 'MA scène nationale''s digital project.

11 Cours Louis Leprince-Ringuet, 25200 Montbéliard

Tél. 03 81 31 26 92

-THÉÂTRE - MONTBÉLIARD

In this 19th century Italian theatre, the audience enjoys a rare closeness to the artists. It is a welcoming and warm place, where its orchestra, two balconies and the neo-XVIIIth century ceiling shine around the masterly chandelier.

-'Le Granit', Scène nationale, Belfort

1 faubourg de Montbéliard - CS 20117 90002 Belfort cedex

Billetterie: reservation@legranit.org



-Théâtre Louis Jouvet, Place du forum, 90000 Belfort Tél. 03 84 22 04 38

16.2 Concert halls:

-'La Poudrière'

'La Poudrière' is located at the end of the 'Arsenal' car park, at the foot of the 'Lion de Belfort'.

The club de La Poudrière is a 235-seat concert hall, for all musical variations, rock, hip-hop, jazz, reggae, electro, metal and song, etc.

7 avenue du Général Sarrail 90000 BELFORT 03 84 58 11 77

-'LE MOLOCO' - Audincourt

Concert hall in Audincourt 21 Rue de Seloncourt, 25400 Audincourt **Tél. 03 81 30 78 30**



- 'Atelier des Môles' - Montbéliard Concert hall in Montbéliard 1 Avenue Gambetta, 25200 Montbéliard Tél. 03 81 97 14 32

-'AXONE' - Montbéliard

Large, modern, multi-purpose auditorium hosting concerts, conferences & major sporting events.

6 Rue du Commandant Pierre Rossel, 25200 Montbéliard

Tél. 03 81 93 89 86



16.3 Cinemas



-Cinéma Pathé - Belfort

1 Boulevard Richelieu 0 892 69 66 96 Chain of multiplex movie theaters with a schedule of national releases, previews and special screenings.

-Cinéma Le Colisée - Montbéliard

8 Rue Henri Mouhot Tél. 03 81 94 53 89 Small cinema offering films for a large audience and more specific films, such as 'Art et Essai' movies, with a film club.

-Mégarama Audincourt Lumina

12 boulevard Moïse Foglia - Espace Lumiere 25400 Audincourt

16.4 Cultural facilities

-Museums - Belfort

Hôtel de Ville - Musée(s) de Belfort Place d'Armes 90020 BELFORT INFOS musees@mairie-belfort.fr

Reduced rate for students:

7 € from April 1st to September 30th 5 € from October 1st to March 31st

Free of charge for holders of the 'carte Avantages Jeunes', 'Carte culture' and 'Museum Pass'.

Free entrance for all on the first Sunday of each month.

The Multi-Sites Pass:

The purchase of a Pass gives access to all the sites (history museum, museum of modern art, tower 46 and fine art museum) for one visit per site for 1 year.

-Musées - Montbéliard

The Museum of the Castle of the Dukes of Württemberg

The castle and its two round towers stand at the entrance to the city on a rocky spur.

For four centuries, this monumental site was the residence of the Dukes of Württemberg from 1397 to 1793.

In the 1960s, the castle became a town museum, initially containing natural history collections, then archaeological, historical and fine arts collections.

Since the 1970s, the museum has also been

Many temporary exhibitions linked to the various departments of the museum complete the discovery of this site.

developing a collection of contemporary art.

Castle courtyard 25200 Montbéliard Tél. 03 81 99 22 61 www.montbeliard.fr musees@montbeliard.com





-Museum of art and history ('Le Musée d'art et d'histoire') – Hôtel Beurnier-Rossel

Facing the Saint-Martin temple, in the heart of the city, the 'hôtel particulier' (private mansion) Beurnier-Rossel, built in the second half of the 18th century, is the memory site of the City of Montbéliard. The residence remained in the Beurnier family until 1917, when it was donated to the community for the establishment of a historical museum. Temporary exhibitions also highlight the current events of this place.

Place Saint-Martin 25200 Montbéliard Tél. 03 81 99 22 61 www.montbeliard.fr musees@montbeliard.com

Admission fees for the 'Musée Beurnier' and the 'Musée du Château' (valid for both museums):

Reduced student fare: 4 €.

-Riva Café - Andelnans

In a warm setting, Riva Café, a restaurant with many different atmospheres, welcomes you for gourmet and friendly moments. It also organizes 'AfterWorks' every weekday evening from 6pm. Aperitif dinner or formulas. In the evening, the restaurant offers a completely different face with a musical atmosphere, karaoke and dance classes (rock, salsa...).

29 Rue des Prés, 90400 Andelnans Tél. 03 84 46 87 10

- Music Academies

Departmental Music Academy of the Belfort Metropolitan area (Communauté de l'Agglomération Belfortaine : CAB) Henri Dutilleux

- Music Academy of Belfort
 1 Rue Paul Koepfler, 90000 Belfort
 Tél. 03 84 54 27 27
- Music Academy of Montbéliard 4 cour du château Tél. 03 81 94 77 90



'La nuit des musées' (Museum night) in Belfort and Montbéliard :

A unique night out, to discover the rich historical and artistic heritage.

The museums in Belfort and Montbéliard open their doors to you throughout the evening for an extraordinary visit. The public can discover the museum's collections or the temporary exhibitions presented, take part in a theatrical or unusual guided tour, or attend shows and concerts on this special occasion....

In September, some museums will invite you to join them for the European Heritage Days ('les Journées européennes du patrimoine').

www.musees-franchecomte.com

16.5 Leisure



Greater Belfort Swimming pool 'Gabriel Pannoux'

Boulevard Richelieu, 90000 Belfort Téléphone : 03 70 04 80 50

Grand Belfort Swimming pool 'du Parc'

1 Parc des Loisirs, 90800 Bavilliers Tél. 03 70 04 80 30

Town swimming pool of Montbéliard

Adresse : 18 Rue Maurice Ravel, 25200 Montbéliard Tél. 03 81 99 24 44

'La Citédo' - Exincourt

Aquatic center in Exincourt 11 Rue du Collège, 25600 Sochaux Tél. 03 81 32 90 25

Greater Belfort Skating Rink

Parc des Loisirs, Rue des Carrières, 90850 Essert Tél. 03 70 04 80 40

BOWLING BELFORT '4 AS'

Centre commercial 4 As, 90000 Belfort Tél. 03 84 54 04 47

BOWLING 'STARBOWL' AUDINCOURT

Rue Naille 25400 AUDINCOURT Tél. 09 70 35 55 90 / 03 81 30 33 84

16.6 Festivals

International University Music Festival - Belfort

The International University Music Festival (FIMU) is a free festival held every year in Belfort in May or June, during the 3 days of the Whitsunday weekend 'Pentecôte'), plus on Friday afternoon. Every year, it welcomes about 100,000 festivalgoers, with a record of 135,0001 in 2018.

It is a generalist festival; all kinds of music are played.

http://www.fimu.com/

Les Eurockéennes - Belfort

The 'Eurockéennes de Belfort' festival is one of the largest music festivals in France, which owes part of its success to the natural site of Malsaucy.

The event is held in the open air between two lakes: the 'Etang de la Véronne' and the 'Lac du Malsaucy', in the village of Sermamagny (in Franche-Comté). The first edition took place on 23-25 June 1989.

In October 2012, the festival was nominated for a UK Festival Award in the 'Best Overseas Festival' category. He was the only festival representing France in this competition.



https://www.eurockeennes.fr/

Rencontres et Racines-Audincourt

The Festival 'Rencontres et Racines' (Encounters and Roots) takes place every year in June at the Japy site in Audincourt. Rencontres & Racines is the must-attend festival for all cultures. Through its rich and festive program, you will be able to enjoy 3 days of musical change and cultural discoveries. But the journey does not end at that point! Around a village with more than 70 cultural and charitable associations, a world tour of encounters and flavors awaits you. An unmissable event for music lovers. The program includes reggae, rock, electro, pop and world music.

Espace Japy
25400 Audincourt
Information:
Tél. 03 81 36 37 79
rencontresetracines@audincourt.fr
rencontresetracines.audincourt.fr/



Festival Entrevues ('Interviews') - Belfort

It is an international film festival that takes place in Belfort. It is dedicated to young contemporary creation, thanks to its international competition of first, second and third films and retrospectives of filmmakers (complete films, tributes, themes). It also supports young directors through its award, which offers full post-production support to a winner.

Cinéma Pathé : reception and screenings 1 boulevard Richelieu - Belfort http://www.festival-entrevues.com/

16.7 Markets



Flea market ('Marché aux puces') - Belfort

One of the largest garage sales in the East with its 140 exhibitors is organized by the city of Belfort. It is a joy for collectors and curious people who come to unearth unsuspected treasures.

Created on the initiative of a few shop owners in Old Belfort in 1966, and organized by the City of Belfort since 1978, the flea market has become the essential meeting place for lovers of antique objects and furniture, which are offered for sale exclusively by professional shopkeepers.

Vieille ville (Old town), around the Place d'armes - 90000 Belfort

Information:

Tel.03 84 84 54 54 24 24 24 www.ville-belfort.fr

Schedules:

The first Sunday morning of each month from March to December from 7 am to 12 pm

Free access



The Christmas market and Christmas Lights - Montbéliard

Montbéliard, 'City of Princes', offers an ideal setting to highlight the magnificent Christmas lights, through its emblematic monuments such as the castle of the Dukes of Württemberg, the covered market ('Halles') or the St Martin Temple, which confer a particular charm to the city during the Advent season. Illuminations at every street corner, an authentic Christmas market and unique entertainment are the hallmarks of Montbéliard.

Lightings every day from 4:30 pm to 10 pm.

Tourist information and Tourist Office of the Montbéliard region:

www.paysdemontbeliard-tourisme.com accueil@paysdemontbeliard-tourisme.com





The Frosted Month - Belfort

Belfort hosts its 20 cottages exhibitors' market to allow visitors to buy Christmas gifts and enjoy delicacies and mulled wine. But not just that! Frosted Month is a series

of hundreds of activities scheduled for the Christmas and New Year's Eve celebrations.

A children's village awaits the little visitors with its playgrounds and Santa Claus' house. An ice rink is set up in one of the squares of Belfort, for sliding enthusiasts. There are also special events: concerts, craft workshops, make-up, stories, meetings with Santa Claus, etc.

Of course, the city is illuminated by a thousand lights throughout the time of the Frosty Month events in Belfort.

For practical details and for further information: www.belfort-tourisme.com

17 'Bienvenue aux étudiants' 'Welcome-to-university days and events'

TROC PARTY, CRAZY RUN, CONCERTS, etc.

17.1 Student Life Office ('Bureau de la vie étudiante – BVE')



The 'BVE' organizes: festive 'back-to-school' days, evenings organized by associations at the 'Maison des Etudiants de Besançon', events throughout the year in collaboration with local cultural actors, creative workshops, calls for projects, events in university libraries, etc.

Maison des Etudiants de Besançon (Besançon Student House) 36 A, avenue de l'Observatoire 25030 Besançon Cedex

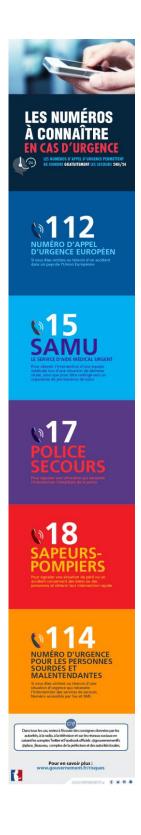
Contact(s):

Bureau de la vie étudiante (Student Life Office) 03 81 66 58 47 / 58 41 bye@univ-fcomte.fr

To know more >

http://www.univ-fcomte.fr/les-maisons-des-etudiants#.XvN-V2gzY2w

18 Emergency numbers



THANKS:

We would like to thank the authors of the CROUS and University of Franche-Comté *Student Guide*, the practical guides '*Welcome'* and '*Come on'* of the CROUS Besançon to prepare the arrival of the international students, as well as the '*Etudier à Montbéliard*' guide, which inspired this document.

This guide does not replace the official documents of the University of Franche-Comté or those of government authorities, as the latter always takes precedence.

This document, which is purely indicative, is subject to change according to current events.

Your comments and remarks are welcome in order to improve the content constantly.

Contact: ☐ RI-stgi@univ-fcomte.fr